



SAMANTHA R.

STEWARDESS/REFORMER PILATES INSTRUCTOR

OBJECTIVE

My objectives are to bring a unique blend of wellness and hospitality to the yachting industry by combining my expertise as a certified pilates reformer instructor with a strong foundation in interior stewardess duties. I aim to elevate the guest experience, with health and wellness while bringing impeccable service, attention to detail, and a commitment to maintaining a refined, welcoming onboard environment.

YACHTING EXPERIENCE

██████████ | 40m | Charter/Private | 2nd Stewardess I - Caribbean November 2025-March2026

- Perform dual role as Second Stewardess, covering both service and housekeeping
- Prepared and served cocktails for guests using a wide variety of alcoholic beverages.
- Responsible for all guest turn-ups and turndowns
- Oversaw guest and crew laundry operations, including washing, drying, ironing, stain treatment, and garment organization, with careful attention to the proper care of high-end clothing.
- Maintain high interior standards across all guest and crew areas
- Provide service support during meals and guest activities as required
- Assist the deck team when needed, including handling lines and fenders
- Demonstrate flexibility, teamwork, and a strong work ethic across departments **AUGUST 2025**

MY ██████████ | 122m | Charter/Private | Temp Stewardess I - Mediterranean Temporary Stewardess

Handled a range of interior duties to maintain a high standard of service and cleanliness aboard the vessel. Responsibilities included:

- Detailed cabin cleaning and maintenance
- Preparation and turndown of beds and heads
- Crew mess upkeep and sanitation
- Lunch and dinner table setup and cleanup for guests
- Laundry services for both guests and crew

MARCH 2025

██████████ | 17m | Private | Sole Stew I - Fort Lauderdale

I was originally brought on for two days of day work, handling tasks such as interior detailing, laundry, and a full exterior wash downs. However, I was asked to return for two additional days as the sole stewardess, catering to the owner and his group of approximately 12 family members and friends.

LAND BASED EXPERIENCE

██████████ | Stewardess For The Fort Lauderdale Boat Show November 2025

██████████ | 5 Day Position As A Stewardess For ██████████ | At The Fort Lauderdale Boat Show - Silver Service Dinners, Coffee, Beverage & Housekeeping

██████████ | Pilates, Pilates Instructor, Saint Petersburg, FL

██████████ | Pilates Instructor for Grand Opening Week, Nassau Bahamas November 2024

I was flown out to the Bahamas to open a brand-new Pilates studio for the week

██████████ | Pilates, Pilates Instructor, Saint Petersburg, FL October 2021 - 2023

██████████ | Pilates, Pilates Instructor Arden, NC January 2020 - October 2021 -Private Lessons

██████████ | Community, Pilates Instructor Mills River, NC July 2020 - October 2021 -Group Instruction x3/week

With over five years of experience as a certified Pilates instructor, I bring a comprehensive and versatile teaching style to the wellness space. My expertise spans both **Reformer** and **Mat Pilates**, and I offer a diverse range of classes, including **cardio**-infused sessions, **strength training**, resistance work, and calming **stretch** flows incorporating **foam rollers**. I'm passionate about creating inclusive, results-driven experiences tailored to each client's unique needs. Whether adapting for injuries or building on individual strengths, I prioritize safe, effective, and enjoyable movement for all levels.

CONTACT

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Availability- Immediately

Health- Excellent

Passport- USA exp (2029)

CERTIFICATES

- STCW
- ENG1 (2026)
- PILATES INSTRUCTOR
- HOSPITALITY
- FOOD SAFETY LEVEL 2

SKILLS

- Housekeeping
- Mixology
- Guest Services
- Silver Service
- Basic Bartending
- Organization/Cleaning
- Inventory
- Laundry/Ironing
- Childcare
- Flower Arranging
- Table Decor
- Sales, Marketing & Client Retention

INTERESTS

I'm a highly creative and energetic individual with a passion for music, dance, singing, and extreme sports—anything that keeps me moving and inspired. With a deep love for physical fitness and an adventurous spirit, I bring enthusiasm and a positive attitude to everything I do.