



# CHELSEY

Stew/Deckhand Artist Yoga Instructor

Nationality: USA

Birthdate:



## Certificates & Education

- 2025 STCW
- 2022 - 500 ERYT, Yoga Therapy, India
- 2022 Permaculture Design - Ecoversity, Costa Rica
- 2021 - Thai Massage Level 1
- 2018 - TEFL Certification
- 2017 - 200hr RYT - Caribe Yoga Academy, Costa Rica
- 2017 - Bachelors of Art in Art Education - South Dakota State University

## Skills

- Hospitality & Customer Service
- Skilled Barista
- Adaptability
- Course Curriculum Design
- Social Media Management
- Lesson Planning
- Retreat + Travel Planning
- Teaching Yoga, Art and ESL
- Team Management
- Public Speaking

## Languages

- English, Native
- Spanish, Fluent

## Profile

Passionate about life on the water, I bring a strong work ethic, adaptability, and a love for adventure to every role.

With extensive international travel experience and a background in yoga, I thrive in dynamic environments that require both physical endurance and a calm, service-oriented mindset. My enthusiasm for teamwork and commitment to excellence make me a valuable addition to any yacht crew.

## Experience

- Event Coordinator and Yoga Instructor at [REDACTED] Yoga, Nicaragua
- 2023-2025 Flexologist at [REDACTED], Florida, USA
- 2021 - 2023 Retreat Sales & Marketing + Studio Management, Nicaragua
- 2018 - 2021 ([REDACTED] Nanny) and English as a Second Language Teacher, Colombia & China
- 2015- 2018 Barista and hostess, [REDACTED]
- 2013-2015 Waitress and Hostess

## Hobbies

- Surfing
- Painting/Drawing
- MMA
- Yoga/Calisthenics
- Watersports
- Ukelele