

Tanya [REDACTED] RN

Nurse / Cook / Stewardess / Nanny

Date of Birth: [REDACTED]

Nationality: Canadian

Phone [REDACTED]

E-mail: [REDACTED]

Location: Spain

Visas: US B1/B2 Visa

Languages: English, French , Spanish and basic Hebrew

Driving licence: Yes

Visible tattoos: No Tattoos

Non-smoker/smoker: Non Smoker



PROFILE

I am a highly adaptable and clinically skilled Registered Nurse with extensive experience across emergency, critical care, and maternal health. I bring a calm, confident presence to high-pressure environments and excel in both independent and team settings. Having traveled solo to over 50 countries, I've navigated diverse cultures, healthcare systems, and medical emergencies—including saving lives in remote areas. My background also includes early childhood education and hands-on experience in developmental care, further strengthening my foundation in pediatric and maternal health. My unique blend of medical expertise, guest-focused service, and passion for wellness and healthy cuisine makes me a strong asset onboard. As a versatile Sole Nanny/Nurse/Cook or Stewardess, I thrive in dynamic, guest-facing roles, offering nutritious meals, professional medical care, and a holistic approach to well-being for both private and charter programs.

QUALIFICATIONS AND CERTIFICATES

- STCW expiring 13.05.2030
- ENG1 expiring 11.04.2027
- [REDACTED] University | Nursing Studies | 2012–2014
- [REDACTED] College | Nursing & Health Sciences | 2008–2012
- College [REDACTED] | Early Childhood Education | 2006–2008

SKILLS

- [REDACTED] College Nursing Program, Montreal | 2008–2012
- [REDACTED] | Emergency Medical Technician | 2006
- Healthy Baking and Cooking
- Smoothie Expert
- Good time management
- Reliable Independence
- Trauma-informed care, PTSD recovery, and maternal-fetal health
- Pediatric care and early childhood development
- Emergency response (EMT certified)
- Team leadership and program development
- Digital health strategy and SaaS innovation

- Galley organization and healthy meal preparation

- Hospitality and short-term guest management
- Public speaking and client-centered education

MARINE EXPERIENCE

Monohull | 50ft | Student Stewardess | 6 weeks

I contributed to sail handling, manning the wheel, basic navigation, galley duties, deck duties (handling lines and fenders/rinsing), meal preparation, service and overall upkeep of the vessel.

LAND BASED EXPERIENCE:

Montreal QC | Psychiatric & Community Health Nurse | 2020 - 2025

Delivered trauma-informed psychiatric care for individuals with PTSD, anxiety, and depression. Conducted screenings, vaccinations, and wellness education in underserved communities

Montreal QC | Health Education and Community Health Nurse | 2013 - 2019

Led health screenings, immunization drives, and chronic disease prevention workshops Built partnerships with local agencies to increase access to health services

Counseled clients on preventative health, nutrition, and mental wellness

Delivered education programs on chronic disease prevention

Montreal QC | Community Manager and Cook | 2007 - 2013

Created and hosted wellness-focused community gatherings

Designed and prepared healthy, large-batch meals for diverse groups. Showing my ability to work under stressful situations.

HOBBIES AND INTERESTS

- Dancing
- Diving and Surfing
- Mountain Climbing
- Aerial Silk and Gymnastics
- Singer Songwriter

REFERENCES

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]