



CONTACT



Qualifications

- STCW 95 Level 2 Food Level Safety
- Level 3 Food Safety (RQF) Ships

USA Passport

- Cook Certificate ENG1 Medical
- Certificate Florida Driver's License
- Seaman's Discharge (Cayman) PADI
- Open Water Proficiency
- Designated Securities Duties
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- Proficiency in Medical First Aid
- Power Boat 2 License Scottsdale
 Culinary Institute Pre-Law and
- Society, UCSB Matthew Kinney Raw
- Vegan Course Institute
- Integrative Nutrition Health Coach
- Wine Education: Wines of Hungary
- Oregon Wine Expert WSET level 2

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CUISINES

 Vegan, vegetarian, baking, pastry, gluten-free, Raw, Carnivore, Paleo, Californian, Mediterranean, Mexican, South American, Scandinavian, Mexican French, American, Italian, Clean, Spa, Southwest, Southern Comfort, Asian, kid friendly, Dietary Restricted

Profile

WITH OVER 8 YEARS IN THE INDUSTRY WITH NEARLY 6 YEARS IN THE RESTURANTS. MY FAMILY WHOM SHARED A LOVE FOR THE CULINARY ARTS, I WAS RAISED IN THE SANTA MONICA MOUNTAINS OF CALIFORNIA. LATER CULINARY TRAINED WITH FRENCH CUSINE. THROUGH THE LOVE OF TRAVEL AND INSPIRED BY NUTRITION, I HAVE LEARNED ABOUT MANY CUISINES AND CAN PROVIDE WITH A POSITIVE VIBE AND UNIQUE FLARE AS I AM IN CONSTANT SEARCH OF INSPIRATION. THANK YOU FOR YOUR FUTURE CULINARY OPPORTUNITY.

Work Experience

July 2024-August 2024. May 2024- June 2024 Feb 2024 - May 2024 Jan 2024 & Feb 2024 December 2023- Jan 2024 October 2023-Nov 2023. April 2023-Sept 2023. November 2022-Jan 2023. August 2022-Sept 2022. April 2022 - July 2022 December - Jan 2022 April 2023-Sept 2023. Mar 2022-April 2022. Jan 2023- Feb 2023 July- Nov 2021. May-June 2021. Apr 2021-May 2021 June2020-August 2020 May 2020 - June 2020 Mar 2019 - June 2019 Jan 2019 - March 2019 Apr 2021-May 2021 Dec 2018 - Jan 2019 May 2018 - Oct 2018 Sept 2017 - Dec 2018 Aug 2017 - Sept 2017 Oct 2016 - July 2017 Aug 2016 - Sept 2016 July 2016 - Aug 2016 May 2016 - July 2016 Jan 2009 - Apr 2016 Aug 2015 - Sept 2015 Aug 2015 - Aug 2015



Hobbies/skills

Teamwork, floral arranging, Microsoft word and excell, extensive wine knowledge, yoga, excellent swimmer, surfing, trail running, hiking, craft maker, solo travel, plant medicine education

Languages

- English
- Spanish
- Norwegian

Yacht crew and guests average numbers: 5-9 crew, 8-16 Guests

Land Experience

Jan 2013 - Aug 2015 Longyearbyen, Svalbard,

grill | Sous Chef and restaurant opening, fine dining

Line chef - Kroa, Longyearbyen, Svalbard, Norway

Sous Chef - , Gastropub

Aug 2008- Jan 2013 Various Kitchens for Culinary in Arizona and California

Restaurant, Las Brisas, Jax Kitchen, Anthony's in the Foothills,

Janos Wilder Kitchen & Cocktails,

Desert Point Assisted Living, Saddleranch Chop House, JW Marriot Primo

Sept2004 - Oct 2006

United States Air Force

Sept 2014 - March 2015

Freelance Writer |

REFERENCES UPON REQUEST KINDLY

